

Neuroscience style education is effective

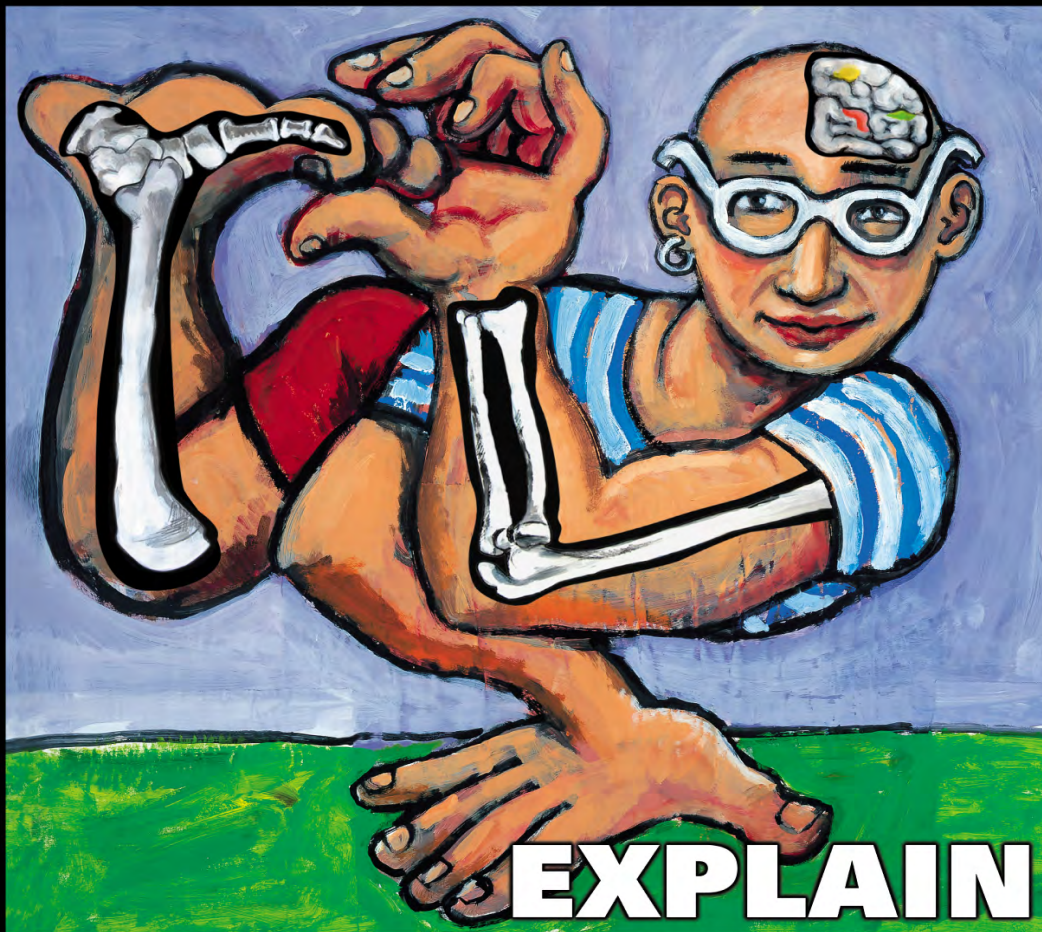
Moseley GL et al 2004 An RCT of intensive neurophysiology education in chronic low back pain
Clin J Pain 20:324

Moseley GL 2004 Evidence for a direct relationship between cognitive and physical change during an education intervention in people with chronic low back pain. Eur J Pain 8: 39

Oliviera A et al 2006 A psycho educational video used in the emergency department provides effective treatment for whiplash 2006 Spine 31: 1652



Neuroscience/psychology blended style

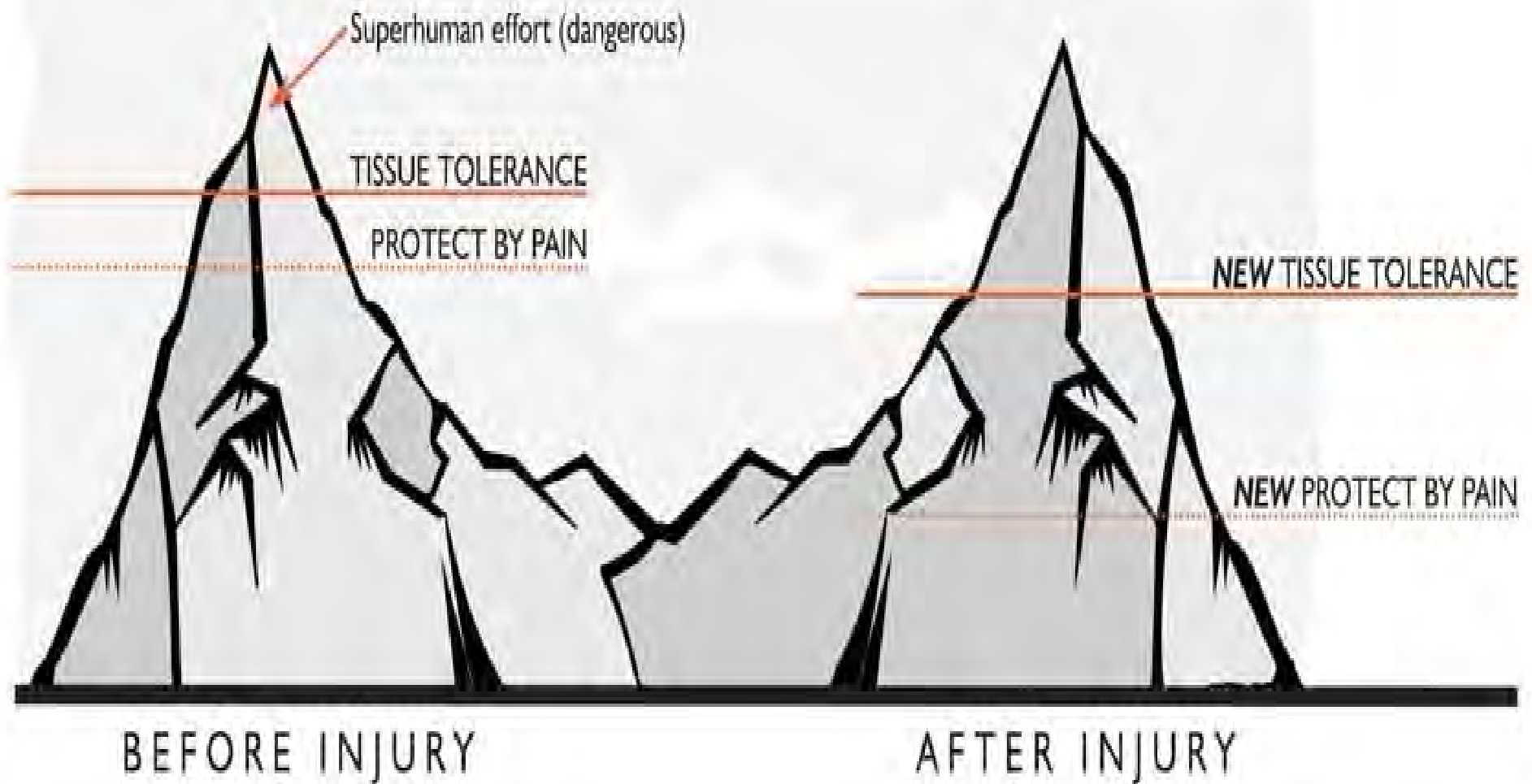


DAVID BUTLER | LORIMER MOSELEY | ART BY SUNYATA

EXPLAIN PAIN



5. The twin peaks



Therapeutic neuroscience education as preventative?



3. Graded motor imagery

Phantom pain

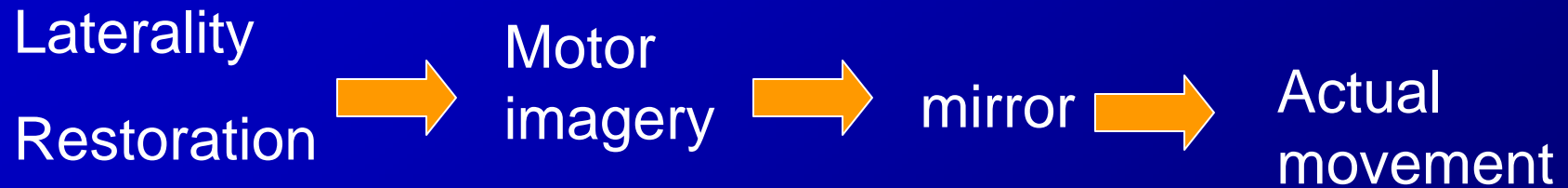
Complex regional pain syndrome

Focal dystonia

Overuse syndromes



Graded motor imagery



Best current reference is:
Moseley GL 2006 Graded motor
imagery for pathologic pain.
Neurology 67:1-6

